



**ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL**

Recognized by Dental Council of India *Affiliated to The Tamil Nadu Dr MGR Medical University
A Unit of Adhiparasakthi Charitable, Medical, Educational & Cultural Trust



APDCH TIMES

Volume 05 - Issue 01 - January to June 2021



16 Year
of Excellence
In Education

Learn & Lead



www.apdch.edu.in



Om Sakthi



Om Saktheeye! Paraa Saktheeye!
Om Saktheeye! Aadhi Para Saktheeye!
Om Saktheeye! Maruvor Araseeye!
Om Saktheeye! Om Veenaayagaa!
Om Saktheeye! Om Kaamaatcheeye!
Om Saktheeye! Om Bangaaru Kaamaatcheeye!
Om Sakthi!



ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL

Recognised by Dental Council of India
Affiliated to The Tamilnadu Dr.M.G.R Medical University



OUR PATRONS



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Founder President, ACMEC Trust



Sakthi. Thirumathi. V. Lakshmi Bangaru Adigalar
Vice-President, ACMEC Trust



Adhiparasakthi Dental College & Hospital, a constituent institution of the Adhiparasakthi Charitable, Medical, Educational and Cultural Trust (ACMEC Trust) was started in 2003 and later evolved as a teaching institution in 2005. Postgraduate courses were started from the year 2015 and now we have postgraduate courses in seven departments and increase of post graduate seats in five departments.

Our Motto is "Learn & Lead" & "Your Smile Our Pride". The institution is dedicated to the pursuit of excellence in dental health education, research and patient care. We are strongly committed to public service, a collaborative work ethic and providing good care to diverse communities. Adhiparasakthi dental college & hospital was established with the noblest aim of providing affordable healthcare to the downtrodden and weaker sections of the society. Our institution has been certified with ISO 9001:2015, NABH and NAAC accreditation.

Our institution has MoU (Memorandum of Understanding) with Sri Lankan Dental Council to admit international students in pursuing undergraduate dental education.



Correspondent's message



Dr. T. Ramesh, M.D.,



Hearty Greetings to all,

It gives me an immense pleasure to meet you all again through this latest edition of a college newsletter "APDCH TIMES".

Time will always flee away fast and it is the wisest counsellor of all. The journey of APDCH shows an astonishing growth with massive success. APDCH is one of the leading centre of excellence in oral health care and becomes a prestigious institution in our country impacting world class education.

Innovation in education system is always need of an hour. Inspite the hurdles, we all face through the covid-19 situation our institution provided the quality and continuous support to our students by transforming a teaching-learning process from classroom to digital platform.

I feel proud to acknowledge the contribution of highly qualified dynamic and multi talented teaching faculty and non teaching staff, Our APDCH is committed to fulfill our "mission to vision".

I also congratulate every student of APDCH who show their amazing talents and share the intellectual thoughts and creative ideas through this newsletter.

An intelligent and ambitious student will know that sky is not the limit . I invite every student to an integral part of this vibrant and exciting journey of endless opportunities at our college for learning the spirit of saving lives.

My good wishes to all



Principal's message



Dr. S. Karthiga Kannan, MDS



Hearty greetings to all,

It's a great joy of rejoice and feeling of accomplishment to address you all through this latest publication of newsletter "APDCH TIMES" .

Since it's inception in 2005 , the college has been striving towards maintaining high academic standards and excellence in the field of dentistry. We are committed to provide our students with a wide variety of opportunities in order to help them to attain their highest potentials.

The college has grown over the years but has not aged; it continues to be prestigious, pursuing excellence and professionalism. APDCH is proud to adopt the cutting technology in Dentistry including CBCT, CAD-CAM, 3D printing to deliver high standard oral health care.

The newsletter become the platform for every student to show their amazing talents and incredible thoughts in the academics and non academic field.

Our institution encourage every Student to think outside the box, to be creative, innovative and insightful.

The outbreak of pandemic has impacted world wide ... during this lockdown period the academics classes are successfully implemented through online platforms for the benefit of the students. Inspite of the challenging situation, our institution delivers the best hospitality and care for the patients by following the government protocols.

I appreciate every students, teaching staff and non teaching staff of APDCH for their indispensible support and contribution towards the newsletter.

"Coming together is a beginning , keeping together is progress and working together is success!!!" I congratulate every contributors and editorial board for their revolutionary creation and success of "APDCH TIMES " .

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From the Editor's Desk



Dr.Ramya. R, MDS

A warm greeting to my dear students and my fellow colleagues. I am very much delighted to present you the newsletter Jan-June 2021 issue.

It captures the momentous moment of impressive growth of APDCH, bundle of contribution, innovative thoughts, academic excellence and non-academic activities by our most beloved students and staffs of APDCH.

As you scan through the pages, it will enlighten you with the important milestones that our college has achieved in the past six months. Besides, our budding talent has expressed their thoughts ideas, hopes, feelings, aspiration and convictions in a creative way. On the whole this newsletter mirrors the true credentials of the students and staffs of APDCH.

With each coming newsletters the "APDCH TIMES" portrays the significance which denotes it's intensity.

Success is a good fortune that comes from the aspiration, desperation, perspiration and inspiration. The success of the newsletter APDCH TIMES is by the continuous and constant support by our correspondent sir and principal sir.

A flower makes no garland..... I thank my fellow colleagues and students for the endless pertinacious work and support to make this magazine to success.

Wishing you all a great future ahead !!

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FACULTY AS A RESOURCE PERSON



1. Dr. S. Karthiga Kannan, HOD of the Department of Oral Medicine is a senate member of Dr.MGR Medical university.



2. Prof. Dr.S.ShamalaRavikumar, MDS., Professor and HOD of the department of Oral and Maxillofacial Pathology was a invited Guest speaker in MICROSCOPE 2021 – National level rapid review program at Sri Ramachandra Dental College and Hospital on 5.2.2021 over the topic Development Disturbance Of Hard And Soft Tissue Of Oral & Para Oral Structures and E book of the same released during the event. An invited member of the screening committee for the PHD topic approval for two students in TNDrMGRMU on 29.1.2021. Invited as judge for a scientific session in STAR SUMMIT a 5 days comprehensive programme organized by Saveetha Dental College on 4.3.2021.

3. Prof.Dr. V.Sudhakar, HOD Department of Orthodontics and dentofacial orthopaedics was a guest speaker on the Topic – Basics of TAD's (TAD 360) in Saveetha Dental College & hospital on 30 .3.2021 & 31.3.2021.





4. Prof. Dr. B. Hema Sathya, HOD of the Department of Conservative Dentistry and Endodontics has delivered a guest lecture on Recent advances in Ceramics at Finish line 2021 organized by Sri Ramachandra Dental College on 23.3.2021.

5. Prof. Dr. V. Sudhakar, HOD Department of Orthodontics and dentofacial orthopaedics was a guest speaker in webinar organized by Sri Ramachandra Institute of Higher education & research(ROAR 2021) on 7.4.2021 over the Topic – Bonding in Orthodontics.

6. Prof. Dr. Pradeepkumar. Y HOD of the Department of Periodontics invited as guest speaker in orientation of post graduates towards practical examination organised by Chettinadu Dental College And Hospital 8.4.2021&9.4.2021 over the topic recent advances in periodontology.

7. Dr. N. Bharath Department of Conservative Dentistry and Endodontics chaired a session in 5th ACDI Congress held on 24.1.2021 to 26.1.2021.

KIDS –ADHIPARASAKTHI CONFLUENCE - 2021



An academic CDE programme organized by the department of oral and maxillofacial surgery and the department of orthodontics OF KIDS and APDCH for PG students in orthognathic surgery from cephalometric hand tracing to digital cephalometric tracing which was a 3 day Comprehensive module (10th -12th March 2021).



a. Prof.Dr.V.Sudhakar, HOD Department of Orthodontics and dentofacial orthopaedics was invited as guest speaker & Demonstrator on the topic Cephalometric tracing and analysis.



b. Dr.Ramya.R Reader Department of Orthodontics and dentofacial orthopaedics was invited to deliver a guest lecture over the topic – Various Cephalometric tracing.



c. Dr.Sumanth Kumar.R Reader Department of Orthodontics and dentofacial orthopaedics was a invited guest speaker over the Topic – COGS analysis - Orthodontist perspective.

d. Dr. James Antony Bhagat M from the department of oral surgery delivered a guest lecture in Orthognathic symposium titled –"Surgical Treatment objectives"





e. Dr.Raj Prakash ,Reader Department of OMFS was invited as guest speaker over the Topic – Clinical Examination Of Orthognathic Patient

8. Dr.Sivasankari.T of the Department of Periodontics was a invited speaker in Tagore Dental College & Hospital-21ST MAY2021 Periodontic Clinical Series on the Topic-Anti-Infective Therapy.

TAGORE DENTAL COLLEGE & HOSPITAL DEPARTMENT OF PERIODONTICS

PERIODONTIC CLINICAL SERIES

21/05/2021 FRIDAY
9.00AM - 1.30 PM

CDE Points Awaited

Meeting Id 85780594529
Passcode 882190

Program Registration Click Here

DR WIDOWATI MDS PhD Associate Professor AIMST University MALAYSIA Topic : Furcation Involvement Time : 9.00 - 10.00 AM	DR ANIZ MDS Prof & Head of Department Karpaga Vinayaga Institute of Dental Sciences INDIA Topic : Periodontal Regeneration Time : 10.15 - 11.15 AM
DR KAMESWARI MDS Senior Lecturer AIMST University MALAYSIA Topic : Surgical Periodontics - A Pandora Box Time : 11.30 - 12.30 PM	DR SIVASANKARI MDS PhD Reader Adhiparasakthi Dental College & Hospital INDIA Topic : Anti Infective Therapy Time : 12.45 - 1.30 PM

Organized By:
Faculty of Dept of Periodontics

For details Contact
Dr. S Bhuvaneshwari MDS
Professor
Phone : 8789512002

ida
Indian Dental Association
Tenkasi Branch
CDE Webimar

Catch them Young- General dentists role in early orthodontics

Date: 06-06-2021 Time: 6.30 Pm
Venue: Where ever you are.. via ZOOM

Speakers Profile :

Dr. Mathan K P
Founder & President

Dr. Patrajan
Hon. Secretary

Dr. Krishnaswamy
CDE Convener

Dr.R.Sumanth Kumar
Specialist dentistry from Mysore Medical Dental College, Chennai in the year 2007. He completed his MDS in Orthodontics from the prestigious Manipal College of Dental Sciences, Bangalore in the year 2012 and is currently pursuing his PhD in Orthodontics. He has authored the National Textbook series '3D Imaging Based Orthodontic Treatment of Dental' in the year 2019. He has many publications in national and international journals in his credits. He has presented papers and lectures in national and international conferences including the one at International CDE-Webinar Conference in 2021. He has been awarded with several medals and awards in his career. He is also an invited guest speaker at CDE conferences held in Tiruvananthapuram in 2021. He is an Editorial board member, past treasurer of Journal of IDA, Mysore and also ICD member of IDA Tenkasi branch. He is also a member Medical, Orthodontic study group and Indian Orthodontic Society. He has served 3 yrs of teaching experience with 3 students, working as Lecturer Professor in Adhiparasakthi Dental College & Hospital, Adhiparasakthi.

RAPID MAXILLARY EXPANSION

Activation
90deg or 1/4
Once in morning
and once in night

POST RAPID MAXILLARY EXPANSION

9. Dr.R.Sumanth Kumar , Reader, Department of Orthodontics and Dentofacial Orthopedics, delivered a guest lecture on Topic " Catch them Young - General Dentists role in Orthodontics" for an online CDE program organised by Indian Dental Association, Tenkasi Branch on 06/06/2021

10. Dr.S.Parthiban of the Department of Periodontics Expert Member in Bharath University PHD Viva Voce For Dr. Anitha 5TH MAY 2021 for the Thesis of TITLE – "Aggressive Periodontitis : A Clinico -Genetic Microbiological Analysis".

11. Dr.OhmNijandhan.K, Department of Conservative Dentistry and Endodontics has delivered a guest lecture on working length determination and served as a resource person in rotary endodontics organized by Department of conservative dentistry and endodontics of Thaimoogambigai Dental College And Hospital,Chennai on 22nd February 2021 as part of CONS AND ENDO DAY.



13. Dr. James Antony Bhagat M from the department of oral surgery.

- a. Invited as a Moderator in Live session for the AOMSI Tamilnadu and Pondy branch titled ASK YOUR MENTOR 2021 through online mode.
- b. Delivered a guest lecture in oral Health day conducted by Venkateshwara dental college Pondicherry March 2021 through online mode.

RESEARCH AND PUBLICATIONS

Research, a creation of new knowledge, or the use of existing knowledge in an innovative way so as to discover the novel concepts and enhance the standards of learning and practicing skills in the field Dentistry. APDCH has a robust research association with highly resourceful facilities. All undergraduate and postgraduate students along with faculty members in our premises actively take part in the research activities in various specialties in an advanced and futuristic perspective.

Currently 25 research projects are being carried out by the students and staff members of all departments during the period of JAN to JUNE 2021. Innovative original articles, case reports and review articles have been published in various national and international journals. Our staffs have published 19 research articles from all departments in high impact and indexed journals.

Our institute has a modern central library with more than 4000 books in various specialties in health sciences, 28 National journals, 232 online access journals with back volumes. E-library and journal access is made available for all students and faculties in order to refurbish with new facts and concepts. This facilitates and encourages the students towards research.

Digital knowledge centre has been established with free internet connections. During Covid-19 pandemic "MYLOFT" APP was provided by the college library to the students and faculties for easy access to journals and Books as per the DCI instruction and recommendation. This "MYLOFT" app consists of nearly 4000 E Books and E-Journals which benefitted all Post graduate students to complete and proceed with their Dissertation activities despite of Covid-19.



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RESEARCH COMMITTEE TRAINING
ON
"INDUSTRY ACADEMIC COLLABORATION, PATENT FILLING
&
WRITING FOR RESEARCH GRANT"

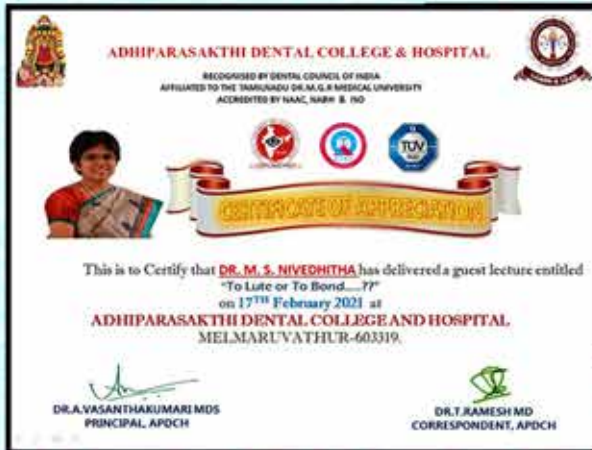
SPEAKER
DR. K. A. SUNITHA ME., PHD.,
PROFESSOR,
DEPARTMENT OF ELECTRONICS AND INSTRUMENTATION
AND ENGINEERING,
KATTANKULATHUR CAMPUS,
SRM INSTITUTE OF SCIENCE AND TECHNOLOGY

Click Here
Register Now

DATE AND TIME : 15TH FEBRUARY 2021 at 1:30 PM - 2:30 PM
VENUE: LECTURE HALL 4

Research webinars was successfully conducted by the committee members on topic "Industry Academic Collaboration, Patent Filling Writing For Research Grant" in Zoom platform which had over 279 participants from various colleges Guest speaker of the meeting was Dr. K. Sunitha, me., PhD, Professor, Department of Electronics and Instrumentation Engineering, SRM Institute of Science and Technology.

Scientific Activities Organized



1. Department of Conservative Dentistry and Endodontics, organized a webinar on "To lute or to bond...?" on Feb 17, 2021. Dr. M.S.Nivedhitha, Professor and Head, Dept of Conservative Dentistry and Endodontics, Saveetha Dental College and Hospital was the invited speaker.



2. Department of Conservative Dentistry and Endodontics, organized a CDE program on "Role of probiotics in dental caries" on 24 Feb, 2021. by Dr. Poorni, Professor, Shri Venkateswara Dental College was the invited speaker.



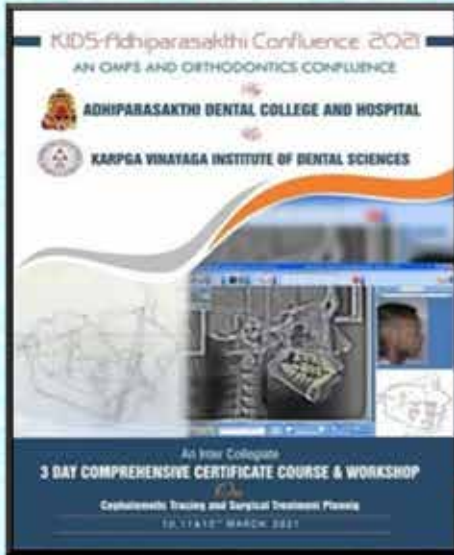
3. Micron - 2021

Micron 2021 CDE Programme exclusively for postgraduate students was conducted online on 12th March 2021 by department of oral pathology over the topic Artifacts in histopathology & Peripheral reactive lesions of the oral cavity. Dr. Tamzhi Selvan and Dr. Prathiba Ramani was the invited guest speakers.

4. Sakthi OM FACE- 2021

International OMFS day celebrated on 13 th Feb 2021 by department of oral and maxillofacial surgery. Quiz competition conducted for final years and interns. Winners were awarded with cash money for first, second and third place.





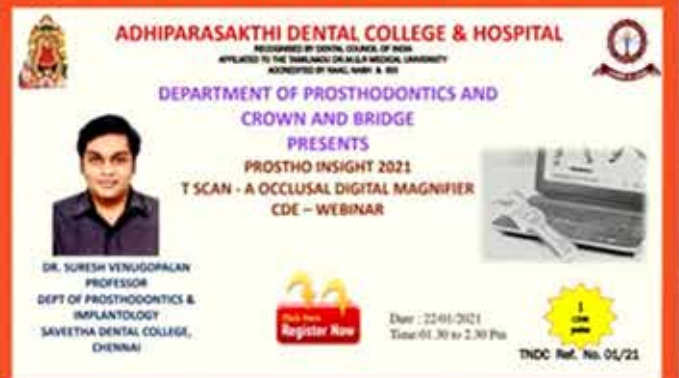
5. APDCH-KIDS Confluence -10,11,12 March 2021

An Inter college 3 day Comprehensive Certificate course and Workshop On Cephalometric tracing and Surgical treatment planning conducted on 10th,11th,12th March 2021 titled KIDS-APDCH Confluence 2021. Postgraduate students of oral surgery and orthodontics department were actively enrolled and gained knowledge on Cephalometric tracing and surgical planning in orthognathic surgery.

6. Quiz Program: 80 students of final year were divided into 40 each group and quiz program was conducted On Early childhood caries and innovative methods for its management on 10/5/2021, which was organised by Dr. Vivek and Dr. Preethi

7. PROSTHO INSIGHT 2021

Prostho insight program a webinar on T Scan – A Occlusal Digital Magnifier was conducted by Department of Prosthodontics on 22.2.2021. Dr. Suresh venugopalan, Professor Dept of Prosthodontics & Implantology, Saveetha Dental College was the invited guest speaker.



8. ARRO C 2021

ARRO- C 2021 (Adhiparasakthi Rapid Review of Orthodontics- Clinical), was a hattrick hit organised by Department of Orthodontics and Dentofacial Orthopedics, Adhiparasakthi Dental College & Hospital. The programme was organised in Dual mode(Physical and Virtual) with our Vibrant speakers Prof.Dr.Madhan(JIPMER) & Prof.Dr.G.Uma Revathi(Vels- SVDC). The event had enormous response from all over India with 280 plus participants. UG Toppers from University exams held in August 2019 and December 2020 were awarded with certificate and trophies by the special guests.



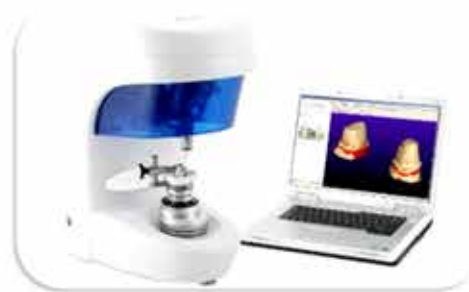
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DEPARTMENT OF PROSTHODONTICS AND CROWN AND BRIDGE
PRESENTS



CDE - WEBINAR
ON
28.06.2021
11.00 - 12.00 pm



DR. V. ASHOK MDS, DICOI (USA), (PHD)
PROFESSOR & HEAD OF ACADEMICS
DEPT OF PROSTHODONTICS & IMPLANTOLOGY
SAVEETHA DENTAL COLLEGE, CHENNAI

TOPIC : FUTURE PROSTHODONTICS
G MEET CODE :
meet.google.com/yok-ugsj-yca

9. Prosthodontics insight program a webinar on Future Prosthodontics was conducted by Department of Prosthodontics on 28.06.2021. Dr. Ashok MDS Professor Dept of Prosthodontics & Implantology, Saveetha Dental College was the invited guest speaker

10. PERIO-SAKTHI 2021 was conducted exclusively for postgraduate students through virtual mode on 24. 03.2021. four speakers with innovative topic took part in the session.



Faculty:

1. Dr.Pradeepkumar.Y HOD of the department of the Periodontics attended 1ST virtual ISPRP (INDIAN SOCIETY OF PROSTHODONTIC RESTORATIVE PERIODONTICS) National Conference 2021 and presented a paper on the TOPIC-Structural Immuno informatic Vaccine Design Using System Biology Approach For Peri-Implantitis.

2. Dr. S. Kalaivani, Senior Lecturer, from the Department of Public Health Dentistry, attended IAPHD Colloquium 2021 held on 9th and 10th January 2021 and presented a paper titled Shaping our "Space" in Public Health Informatics.

3. Dr. S. Kalaivani, Senior Lecturer, from the Department of Public Health Dentistry, attended Phoenix 2021 a virtual conference organised by IAPHD Kerala chapter from 19th to 27th June 2021 and presented a poster titled Dental IoT: The Nexus in "New Normal".

Post Graduate Students

1. Dr.R.Santhiya, Dr.S.Baalagopal and Dr.Sathishkumar Post graduates from the department of the periodontics attended 19th ISP PG convention and presented a poster on the TOPIC: Nutrigenomics : Its Role In Periodontal Health And Diseases.

2. Dr.R.Santhiya, Dr.S.Baalagopal and Dr.Sathishkumar post graduates from the department of the periodontics attended 19th ISP PG Convention and presented a paper on the TOPIC:International Replantation-A Change In Position.

3. Dr.Lavanya.R post graduate from the department of Orthodontics and Dentofacial Orthopedics participated in Orthosynergy 2021- Interdisciplinary Orthodontic Symposium on 15 & 16th May 2021 and presented a paper on the TOPIC: correction of relapse condition and mucogingival recession with innovative orthodontic technique.

4. DR. Anton Michael post graduate from the department of conservative dentistry and endodontics participated in IACDE and presented a poster on the Topic: Oroactive Dental Biomaterials And Their Use In Endodontic Therapy.

5.DR D.Poorani and DR G.Jayanthi post graduate from the department of conservative dentistry and endodontics participated in ACDI and presented a poster on the Topic: Evaluation of staining susceptibility of aesthetic restorations following mouthrinses during covid 19-an in vitro study.

6. DR D.Poorani post graduate from the department of conservative dentistry and endodontics participated in IACDE and presented a poster on the TOPIC: Minimally Invasive Endodontics.

7. DR G. Jayanthi post graduates from the department of conservative dentistry and endodontics participated in IACDE and presented a poster on the TOPIC: Collagen Crosslinking Agents In Endodontics – A Review.

8.DR. Sudha and dr. Arunkumar post graduates from the department of conservative dentistry and endodontics participated in ACDI and presented a poster on the TOPIC: Evaluation Of The Effect Of Kabasurakudineer And Nilavembu Kasayam On The Colour Stability Of Bleached Teeth.

9. Dr. Sudha post graduate from the department of conservative dentistry and endodontics participated in IACDE and presented a poster on the TOPIC: Immediate Dentin Sealing.

10. Dr. Arunkumar post graduate from the department of conservative dentistry and endodontics participated in IACDE and presented a poster on the TOPIC: Artificial Intelligence

11. Dr. Sreevidhya and dr. Madhankumar post graduates from the department of conservative dentistry and endodontics participated in ACDI and presented a poster on the TOPIC: Role Of Digital Photography In Esthetic And Restorative Dentistry

12. Dr. Sreevidhya post graduate from the department of conservative dentistry and endodontics participated in IACDE and presented a poster on the Topic: Root Canal Irrigant Activation Techniques: A Review.

13. Dr.Madhankumar post graduate from the department of conservative dentistry and endodontics participated in IACDE and presented a poster on the Topic: 3D Printodontics.

CLINICAL EXCELLENCE

ORAL SURGERY

1. A 38 years old female patient named Mrs.Selvi reported to the Department of Oral and Maxillofacial Surgery with chief complaint of swelling in the right side of upper jaw for past 1 month, the swelling is slow growing with gradually increasing in size , difficulty during mastication and in phonation. Intra oral examination revealed hard diffuse swelling measuring 6*5cm in the palate extending anteriorly from 13 to 18 region posteriorly . Medially the swelling crossed the midline. Biopsy revealed histologically as Adenoid cystic carcinoma. Surgical resection of right maxilla and palate with 1 to 1.5 cm clearance around the tumor was done under GA.



Fig: 1 - Swelling seen in hard palate.



Fig 3a - Incision marking of Weber - Fergusson's incision with Dieffenbach's modification, Fig 3b - Tumor lesion in the right maxillary region, Fig 3c - Partial maxillectomy of right maxilla

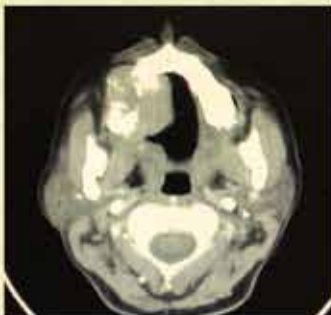


Fig 2 - Cross section of CBCT of head and neck



Fig 4a - Resected specimen, Fig 4b - Post op profile picture of patient taken after 4weeks

2. A Patient named Mr.Ravikumar 24/M reported to the department of Oral and Maxillofacial surgery with history of RTA. On clinical and radiographic examination revealed and confirmed Left Orbito Zygomatic complex fracture with Parasymphysis and right medially displaced subcondylar fracture. Open reduction and internal fixation done under GA. Traumatic panfacial fracture repair is one of the most complex and challenging reconstructive procedures to perform.

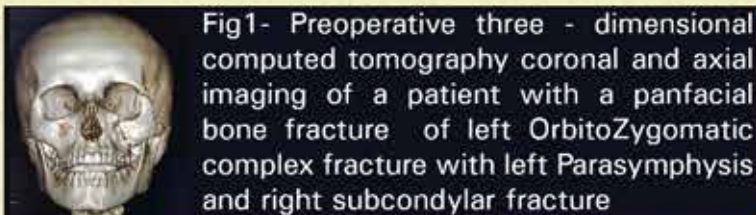


Fig1- Preoperative three - dimensional computed tomography coronal and axial imaging of a patient with a panfacial bone fracture of left OrbitoZygomatic complex fracture with left Parasymphysis and right subcondylar fracture



Fig 3: Intraoperative imaging with a 3D C-arm system



Fig 4 : Post op image after one week of surgery



Fig2a: The mandible and maxilla need to be restored prior to the mid- and upper-face correction. This Shows fixation in left Parasymphysis using titanium plate. Fig2b: The frontozygomatic bone has the strongest point of fixation. Fig 2C: orbital floor repair using titanium mesh.

3. Patient named Mr. Ramith aged 30 who met with an RTA underwent Panfacial fracture repair open reduction surgery under GA in our department of Oral and Maxillofacial Surgery . Two months after surgery Patient is taken up for rehabilitation of lost lower anterior teeth with implants. Considering the psychological problems of patient aim of the treatment is to achieve functional, esthetic, and phonetic rehabilitation. Dental implant is a widely used treatment option that provides functional and esthetic resolution.



Fig 1 - Pre op image showing missing lower anteriors



Fig 2 - Implant placement in lower anteriors

PROSTHODONTICS

1. Rehabilitation of missing maxillary central incisor using implant retained fixed metal ceramic prosthesis.

IMPLANT PROTHESIS



2. Prosthetic management of completely edentulous patient with Papillon lefevre syndrome using complete dentures.

COMPLETE DENTURE FOR PAPILLON LEFEVRE SYNDROME



3. Rehabilitation of missing maxillary central incisor using resin bonded metal ceramic FPD with single wing retainer.

RESIN BONDED METAL CERAMIC FPD



ORTHODONTICS

A 25 year old female patient reported to or department with chief complaint of gap in lower front tooth region. Splitted lingual bonded retainer was fabricated. Composite buttons were fabricated and the space was closed using elastics. The correction was achieved in 2 months with adequate retention and stability.



PRE OPERATIVE



INTRA OPERATIVE



POST OPERATIVE

PERIODONTICS

1. A 37 years old female patient reported to our department with chief complaint of swollen gums with pus discharge and mobile tooth in lower front tooth region which was diagnosed to be endo perio lesion with primary periodontal and secondary endodontic involvement which was treated by guided tissue regeneration technique.



PREOPERATIVE



OPERATIVE



POST OPERATIVE

2. 27-year-old male patient reported to our department with a chief complaint of pain and swelling in the lower left back tooth region. On clinical and radiographical examination it was diagnosed to be periodontal abscess in relation to 36 with fractured crown extending 4 mm below CEJ. It was treated as a special case with interdisciplinary treatment involving endodontic and conservative management. Placement of MTA was done which was followed by localized flap surgery with placement of bone graft and GTR.



A. PRE OPERATIVE



B. AFTER FLAP REFLECTION AND DEBRIDEMENT



C. POST AND CORE BUILD UP DONE



D. AFTER MTA PLACED



E. BONE GRAFT AND GTR MEMBRANE PLACED



F. FLAP CLOSED WITH SIMPLE INTERRUPTED SUTURE



G. POST OPERATIVE PICTURE AFTER 1 WEEK

PEDODONTICS

1. Management of Riga Fede disease caused due to neonatal tooth in an infant.



2. Management of ectopically erupted permanent central incisor in mixed dentition period.



CONSERVATIVE DENTISTRY AND ENDODONTICS

1. Management of asymptomatic grossly decayed teeth with Ceramic Onlay



PREOPERATIVE



POST OPERATIVE

2. Management of Midline diastema with resin composite using silicone putty index



PREOPERATIVE



SILICONE PUTTY INDEX

3. Management of discoloration in anterior teeth by Direct Composite Veneering



PREOPERATIVE



POSTOPERATIVE



POSTOPERATIVE

ORAL PATHOLOGY

1. A 56yr old female patient with a chief complaint of swelling and pus discharge intraorally and extraorally involving anterior mandible reported to our outpatient department. OPG and CT revealed a unilocular radiolucency extending from 35-45 region. Biopsy of the lesion histopathologically revealed orthokeratinized odontogenic cyst with verrucous hyperplasia/ verrucous carcinoma like proliferation of the cyst epithelium. As verrucous hyperplasia/ verrucous carcinoma like proliferation has been reported to undergo malignant transformation to squamous cell carcinoma, the lesion was treated with resection of mandible. A final histopathological diagnosis of Orthokeratinized odontogenic cyst with verrucous hyperplasia/ verrucous carcinoma was reported. This is a rare case, as only 8 cases have been reported so far in the literature.



a. An extraoral swelling

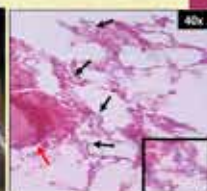


b. Intraoral proliferation



c. cyst epithelium with verrucous like proliferation

2. A 45-year-old male patient reported with a complaint of pain and swelling in the right upper anterior teeth region with a history of uncontrolled diabetes mellitus. Intraoral examination revealed multiple ovoid swellings in the anterior gingiva and a diffuse swelling on the right side of the palate with sinus opening. Investigations like Grams staining, Ziehl Neelsen staining and bacterial culture were carried out. Hematoxylin and eosin staining of biopsy specimen revealed necrotic areas with dispersed broad aseptate fungal hyphae resembling Mucor species within the bone. The fungal filaments were further confirmed by PAS and GMS stain and a final diagnosis of Fungal osteomyelitis of maxilla (Mucormycosis) was given.



a. Multiple ovoid swellings on the gingiva and diffuse palatal swelling

b. H & E stained section reveals areas of necrosis, necrotic bone and hemotoxyphilic fungal hyphae.

Extension Activities

Extension activities provides the students with an extensive experience in the field of dentistry such as to understand the dental need of the population, to know about the priorities of the population especially the rural population, to provide emergency care and basic health services and it also gives an opportunity to create awareness about the importance of oral health, preventive measures available for maintaining a good oral health and also to make them utilize the health care services available for the society. Such activities are carried out in our institution through dental camps in the villages surrounding Melmaruvathur and at two peripheral health centers. After the first wave of COVID extension services were started with at most care in infection control, social distancing and proper scheduling of patient appointments without waiting period at Peripheral health centers and camps. Totally 13 dental camps were conducted from the Month of January to March 2021. A total of 538 patients were screened and 77 were treated in the camp with the help of full-fledged mobile dental bus. In the peripheral health centers 370 were screened and 119 were treated. Again because of increase in COVID cases a slowdown in conducting such services persists.



Dental Screening and Treatment at Camp and peripheral centers

PHOTO GALLERY

1. ARUL THIRU AMMA 81ST BIRTHDAY CELEBRATION

On account of 81st birthday of our beloved Founder Padmasri Arul Thiru. Bangaru Adigalar, various activities were initiated at our college in the month of March 2021. Specialised treatment services like Implant placement, Complete denture, Root canal treatment and Pediatric services were provided at free of cost in addition to the routine basic treatment services and fifty percent concession for specialty treatments like fixed orthodontic treatment were provided.

Oral screening of all the BDS students was performed and 370 students were benefitted through treatment procedures. 81 Free implants were placed by the Department of Prosthodontics, Periodontics and Oral and Maxillofacial surgery and 81 fixed orthodontic appliance were initiated for Outpatients, Staffs and Students. Department of Pedodontics treated 253 children inclusive of 98 posterior root canals and comprehensive treatments.



2. INTERNATIONAL WOMENS DAY CELEBRATION

Gender sensitization committee against sexual harassment of APDCH organized a grandeur celebration for International Women's day on 08.03.2021. The itinerary for the event was prepared and executed by Dr.R.Ramya,MDS., and Dr.K.Dhivya,MDS., members of GSCASH committee of APDCH under the able guidance of our beloved Principal. There was an active participation from students, teaching & nonteaching staffs. An audiovisual highlighting the power women of APDCH was created by CRRIs. CRRIs also performed a skit as a dedication to womanhood. The senior women faculties were felicitated on this special occasion. Key note speech was given by Respected Principal Prof.Dr.A.Vasantha Kumari. A guest lecture on the topic "Women In Leadership" was delivered on virtual mode by Ms.Swathi Vellal, MSC(Clinical Psychology), MA(Special Education Needs & Inclusion, UK), Founder, Director of Ishaanya Foundation, a NGO for children with special needs. A speech competition was conducted on the topic "Choose to Challenge" in both English and Tamil for students with Prof.Dr.B.Hemasathya as the moderator. A drawing competition was also conducted for all students and non-teaching staffs on the topic "Women Empowerment". The top three best performers in both the events were awarded with prizes.



3. DAYS OF SIGNIFICANCE

OOO Meeting 05.02.2021

The OOO MEET was conducted by the department of Oral and Maxillofacial Pathology.



CLINICAL SOCIETY MEETING

The Scientific Academic Forum (SAF) committee of the APDCH conducts Clinical Society meeting for Postgraduates and Undergraduates on last week of every month. This CSM serves as a platform for the students to showcase their exemplary clinical cases and presentation skill to their staffs and peers. This encourages and motivates the students to actively participate in research and aids them bring out their clinical potential in different spectrum.



SAKTHI OMFACE 2021

Sakthi Om Face – Surgi Quiz for students was conducted on account of International Oral & Maxillofacial Surgeons Day on February 13 2021.



Dentist day

Dentist Day was celebrated on 05.03.2021 by Oral Health Education and the Distribution of pamphlets at peripheral centres and a video contest for students was conducted on the theme "Benefits of visiting a Dentist".



National Oral Pathologists Day

National Oral Pathologists Day was celebrated on 25th February 2021 by conducting an art competition for students on then theme " Oral Cancer"



World oral health day

The World Oral health Day was celebrated on 20.03.2021. An Oral Health awareness counter was created for the out-patients pamphlets were distributed.



Conservative & Endodontics day • 05 Mar 2021

On account of Conservative & Endodontics day E-poster competition was held on 05.03.2021.



World Health Day

World Health day was celebrated on 7th April with the theme "Building a fairer, healthier world for everyone". Health education provided to general public through power point presentation.



World hand hygiene day 2021

The World Hand Hygiene Day is observed on 5 May, every year. In the present times, this day holds a lot of significance in our lives as we are battling against the COVID-19 pandemic. 'Hygiene at point of care' is WHO's theme for this year.

The NABH Team educated the importance of hand hygiene at all point of care to staffs and also out patinets.



MYTH: Current vaccines will not protect against new mutations of the Coronavirus.

FACT: The Covid-19 vaccines are effective against the emerging variants of the virus.



World Red Cross Red Crescent Day

The World Red Cross Red Crescent Day was celebrated on 8th May 2021 under the theme "Together we are unstoppable". An awareness about COVID 19 precaution measures was made through their social media accounts under the "Influencers against Infodemic" Campaign.

MYTH: The side effects of Covid-19 vaccines are worse than the virus itself.

FACT: The side effects from the vaccine are mild to moderate in intensity.



Yoga day - 21.06.2021

The International Yoga Day-2021 was celebrated on 21/06/2021(Monday) with a global theme on "Yoga for health benefits". National Service Scheme of Adhiparasakthi dental college & Hospital conducted online Yoga competition for undergraduate students of 3rd, 4th year and CRIs. The students actively participated in the competition by creating a video and posters on theme "Yoga for health benefits". The online participation of the students amidst the pandemic was highly appreciated.



World No Tobacco Day

World No-Tobacco day was celebrated by conducting E-poster competition on the theme -"Commit To Quit"on 31st May2021.



World environment day

World environment day was celebrated on 05/06/2021 based on the theme " Environment Restoration " . The NSS committee encouraged online poster awareness competition for students. Student volunteers enthusiastically took part in the event to create awareness about environment restoration.





Trainings & Meetings Organised



5S / KAIZEN TRAINING REPORT: 25-1-2021:

The training program was conducted and the concept and strategies of five s and Kaizen were elaborated. The attendance details were documented along with the post training Questionnaire and feedback by HR coordinator and QMS Assistant for drafting the corrective action measures.



CORRECTIVE ACTION MEASURES REPORT

Corrective action measure and risk based analysis training program was conducted in Mini conference Hall on 12-2-2021 by Dr.N.Bharath, Reader, department of conservative dentistry and endodontics training questionnaire was collected from the trainees (14 participants). Training attendance was collected. Feedback was collected through google forms to the official email id.

DENTAL EDUCATION UNIT TRAINING REPORT-FEBRUARY 2021

Faculty Development Training program was conducted by Dr.N.Bharath. The topic for training was on Insight to OSPE/OSCE for teaching faculties on 25-2-21 The Teaching staff members in senior lecturer designation from all the departments participated in the event and was conducted successfully.



KEY PROCESS INDICATOR TRAINING FOR FACULTIES

Training was conducted on Key process Indicators, legal tracking and patients satisfaction index on 02.04.2021 by Dr.Bharath and Dr.Sumanth given the insight to role of key process indicator related to academic and clinical aspects. Training attendance was collected. Key process indicator training was given to teaching staffs. 16 Faculties participated in the training followed by training feedback collection.

Facility Management & Safety Training

The Facility Management & Safety Committee & NABH jointly organized a fire drill training programme on 09.03.2021 in the car park area (near admin office) for IV BDS students. The training was initiated with an introduction and Pre-drill briefing by Dr.R.Ramya. The goals & Objectives were explained followed by demonstration of exit plan by Dr.C.Anandadevi. The students were taught to execute PASS code by Dr.R.Sumanth Kumar and volunteers were encouraged to have a hands on experience to extinguish fire in case of an emergency. Feedback of the training was collected. through google forms.



NABH - INTERNAL AUDIT

NABH - INTERNAL AUDIT was conducted in 3 phases for all clinical and administrative departments on 09/03/2021, 16/03/2021 & 23/03/2021. The audit team comprising Dr.R.Sumanth Kumar, NABH Coordinator, Mrs. Preethi, Quality Manager, Mr.Mathioli, QMS Assistant, Mrs.GeethaLakshmi, HIC Nurse, Mrs.Usha, Matron inspected the departments and audited to ensure that the quality indicators are being followed as per NABH & Hospital Standards.



Library utilization training programme

Library utilization training programme programme was organized by library committee on 16.03.2021 through online mode.. Guest speaker Dr.V.R.Rajan M.A (Political Science) delivered a talk on topic “Library utilization need and importance” emphasizing the effective utilization and maintenance of library.

Code of ethics training programme

CODE OF ETHICS programme was organized by NAAC Criterion 7 on 17.02.2021 through online mode. Principal Prof.Dr.Vasantha Kumari mam presided over the event. Guest speaker Dr.V.Bhaskar, MDS, D.MLE, D.FO, PhD, Professor & Head, Rajah Muthiah Dental College & Hospital delivered a talk on topic “Dental Ethics & Jurisprudence” emphasizing the do’s and don’t’s in dental practice and the serious legal implications of negligence in dental practice.



90 Participants attended the programme. Feedback was collected through google form and certificate of participation was sent to all the participants.



MOM & Antibiotic Policy Training

Management of Medication & Antibiotic Policy training was given at Lecture Hall 3 on 19-01-2021 from 02:00 pm - 03:30 pm by Dr. James Bhagat, Reader, Oral & Maxillofacial Surgery.

Dr.James Bhagat elaborated about the antibiotic policy that is being followed in the college as per NABH and hospital guidelines to all Postgraduates & Interns. The students were sensitized about the necessity to follow the proper Antibiotic Policy while prescribing medications to patients.

HIC training

Women Empowerment Training Program was organized through online portal on 06.01.2021. Guest speaker Ms.R.Elamathi, MSW, MA (University of Sussex, UK), Managing Director of Green - FEM Women – Producer Company, NGO- VPHS presented a talk on “Women Empowerment – A key towards a Happy Peaceful Society”. The importance of cherishing a girl child and the goodness in economic empowerment of women was elaborated..



HIC training

The Hospital infection committee conducted HIC training on 03/02/2021 (Wednesday) from 2.00 to 3.00pm. Postgraduate students, CRRI, FNAs, HR, Infection control nurse, Matron attended the training. Dr R Sumanth Kumar, NABH coordinator trained the attendees on hospital policy in infection control. Participants were also made to demonstrate the various protocols after training.

ALUMNI TESTIMONIALS



1. Dr.Thennarasu (2014-2019)

It feels great to be back here at Adhiparasakthi Dental College and Hospital to pursue my Post Graduate studies in Oral surgery. My undergraduate studies at APDCH had been an eye-opening and rewarding experience which helped me to grow personally and professionally. The insights I have gained from attending this college was indispensable. The professors were highly supportive and encouraging. Their way of teaching aided me to obtain immense theoretical as well as practical knowledge. Apart from academics, I also had an opportunity to master in archery. The college environment is friendly, respectful and with amazing resources. I am pleased to be a part of this wonderful organization.

2. Dr.P.Sujatha (2015-2020)

I express my deep sense of gratitude to the college which has given me the impetus and determination to carry through my zeal successfully. The CDE program organized by college periodically, has piqued my fascination and helped me pursue the passion more and introduced about the recent concepts and advances in the field, thus broadening my knowledge and helped me develop skill sets. The consistent patient flow has provided me with multiple opportunities to observe and learn clinical skills. Greatly indebted to all my teachers for their guidance and encouragement, without whose help, my learning would have been just impossible. I have no adequate words to thank my college which has contributed it's best and helped in bringing us out as excellent professionals.



3. Dr. Janane. M. Department of Oral Pathology 2014-17 batch

My three years of post graduation at Adhiparashakthi Dental College and Hospital, being the first PG batch provided me with great opportunity to explore many subject materials in my course. The unflinching support given by my teachers who patiently invested their valuable time in my training enhanced me with intense knowledge in the domain. I am very thankful for my mentors who gave me mental support and guidance for my continuous intellectual development and critical thinking skills. Thanks to the tremendous help from the institution which provided us with Immunohistochemistry lab for our research purpose, my professors, my juniors and the technicians. I had a one year old kid when I joined the course, yet I was able to manage both my studies and family only with the guidance and support from my teachers. I know that I could not have found a more supportive environment in any other institution.

4. Dr .A.M .Vignesh, (2015 – 2020)

நான் நமது ஆதிபராசக்தி பல்மருத்துவக் கல்லூரியில் பயின்ற முன்னாள் மாணவர் என்ற முறையிலே, நான் நமது கல்லூரியைப் பற்றி சில விடயங்களை பகிர்ந்து கொள்ள விரும்புகிறேன். நமது ஆதிபராசக்தி பல்மருத்துவக் கல்லூரியானது சிறந்த பல்மருத்துவப் பேராசிரியர்களைக் கொண்டுள்ளது. இதன் மூலம் இங்கு பயிலும் மாணவர்களுக்கு சிறந்த முறையில் கல்வி கற்றுத்தரப்படுகிறது. மேலும் இக்கல்லூரியில் கிராமப்புற ஏழை, எளிய மக்களுக்கு உயர்தர பல்மருத்துவ சேவை குறைந்த கட்டணத்தில் வழங்கப்பட்டு வருவது இதன் தனிச்சிறப்பு.



ஆதிபராசக்தி பல்மருத்துவக் கல்லூரியானது உயர்தர, பிரம்மாண்டமான கட்டமைப்பைக் கொண்டிருப்பதோடு மட்டுமல்லாது, இயற்கை எழில் கொஞ்சம் அமைதியான சூழலில் அமைந்துள்ளதால் மாணவர்கள் கல்வி பயில சாதகமான சூழ்நிலையை உருவாக்கித் தருகிறது. மாணவர்களின் தனித்திறன்களை வெளிக்கொணர பல்வேறு

வகையான சிறப்பு பயிற்சி வகுப்புகள் நடத்தப்பட்டு வருவதோடு அவர்களது மன அழுத்தத்தை தவிர்க்க கற்றுலா ஏற்பாடு செய்யப்படுகிறது. மேலும் நமது கல்லூரியில் புற்று நோய் எதிர்ப்பு தினம், புகையிலை தவிர்ப்பு தினம் போன்ற வரலாற்று சிறப்புமிக்க நாட்கள் கொண்டாடப்பட்டு மக்களிடையே விழிப்புணர்வு ஏற்படுத்தப்படுகிறது. மேலும் இங்கு தீபாவளி, பொங்கல் போன்ற பண்டிகைகள் கொண்டாடப்படுவதோடு “சக்தி உற்சவ்” எனப்படும் கல்லூரிக் கலை இலக்கிய விழா வருடந்தோறும் சிறப்பாக நடத்தப்படுகிறது. இதில் கலை, இலக்கிய, விளையாட்டு நிகழ்வுகள் நடத்தப்பட்டு மாணவர்களின் தனித்திறன்கள் வெளிக் கொணரப்பட்டு பாரட்டப்பட்டு பரிசுகள் வழங்கப்படுகிறது. மேலும் இது போன்று பிறக் கல்லூரிகளில் நடக்கும் கலை இலக்கிய விளையாட்டு நிகழ்விலும் நம் கல்லூரியின் மாணவர்கள் கலந்து கொண்டு வெற்றி பெற்றுள்ளனர்.

மேலும் நம் கல்லூரி தென்னிந்திய அளவில் சர்வதேச தரச்சான்று பெற்ற முதல் கல்லூரி இந்திய அளவில் இரண்டாம் கல்லூரி என்ற பெருமையை பெற்றுள்ளது. மேலும் லேசர் தொழில் நுட்ப பல் மருத்துவ சிகிச்சை முறை இங்கு செயல்படுத்தப்படுவது இதன் தனிச் சிறப்பு. மாணவர்களுக்கு இம்பிளாண்ட் பயிற்சி வகுப்புகள் கற்றுத்தரப்பட்டு சான்றிதழ் வழங்கப்படுகிறது. மேலும் நமது கல்லூரியில் துறைகளில் பல் மருத்துவ முதுநிலைப் பட்டப்படிப்புகள் உள்ளது. இதன் மூலம் இளங்கலை பட்டப்படிப்பு படித்த மாணவர்கள் பலர் இக்கல்லூரியிலேயே முது நிலை படிப்பையும் தேர்வு செய்துள்ளது இதன் பெருமைக்கு சான்று. நான் இக்கல்லூரியில் பயின்றதை எண்ணி பெருமை கொள்கிறேன். என்றும் பெருமை கொள்வேன். நன்றி!



5. Dr. ARTHI. I (Batch 2013-2018)

I completed my undergraduation in APDCH and currently pursuing Master's degree. Its been a pleasure to have been trained under a good bunch of teachers who taught us lessons for life, right from the basics of learning to talk to patients and giving them what they need. The clinical exposure that the college gave us is helping a lot in the long run. Life in APDCH was an amazing journey of five years with many beautiful memories and professional skills. I thank APDCH for moulding me into what I am now and looking forward to becoming a successful dental practitioner in the near future.

6. Dr. Monisha.R (BATCH 2014 – 2019)

Choosing APDCH for BDS is something I would never regret about. The campus is filled with positive energy and exuberance. My first visit left me awestruck after looking at the clean and peaceful atmosphere of the college. The campus is full of limitless opportunities if you want to discover yourself. Students get individual guidance from the teachers to learn proper theoretical and clinical skills to deliver to the patients independently. Huge respect, love and devotion for the entire faculty members and department who always work with an attitude of being ever ready to help. Besides this, this college gave me so many sweet memories especially our most favourite SAKTHI UTSAV. I thank APDCH for always being there for me throughout my journey of not only becoming a good practitioner but also to grow as a better person.



7. Dr.SARATH KUMAR.R (BATCH 2014-2019)



knowledge is of no value unless you put it into practice. APDCH has done exactly that for us as students. The teaching faculty, the departments and the college as a whole have moulded us to become better practitioners with sound theoretical know-how of not only the field we specialise in but dentistry as a whole. With a lot of clinical exposure, inter-departmental discussions, vast variety of cases, APDCH has constructed a framework of confidence to help us handle cases independently after completing the course. With a good infrastructure in place and intellectual diversity amongst the faculty, the boundaries of learning are endless. Also, the cultural extravaganza that the college organizes, brought the child outside each and every one of us. I thank APDCH for letting me be a part of their esteemed institution, guiding me and being a part of my beautiful journey towards becoming a good dental practitioner.



8. Dr.BALAJI.R (BATCH [2014-2019])

From seedling turning into sapling is not an easy process; unless a conducive environment and optimal resources are provided. Considering my journey at Adhiparasakthi Dental College And Hospital, it has given me a platform to build myself and shape my career. The sojourn I embarked upon was fueled by the unflinching support of my teachers and beloved institution. I consider myself blessed to have learnt under the foremost and best teachers in the field. It is rare in today's society to find a niche where personal and professional growth are encouraged, recognized and appreciated. This is one such place and I shall forever be grateful and proud that I am an alumni of APDCH. My heartfelt gratitude to each and every person in APDCH, where I could explore the opportunities around me to exercise my skills, competence to perform my job efficiently and intensifying my passion towards dentistry."

9. Dr.SUTHAKAR P (BATCH : 2014-2019)

I have been part of the APDCH institution. One thing I can say for sure is, if you are a hard-working student, then being associated with this institution can take you to places. So, that only I scored AIR 348 in NEET. The faculty are knowledgeable, and they help you get your basics right the first time. College life mostly revolves around studying. My friends have been an amazing help. Faculty at APDCH are amazing. There are no other words to describe them. One should attend APDCH to know the dedication of the faculty. What impresses me most about APDCH is the extensive academic support network, whether it be reaching out to faculty, seniors, or friends. The library has an extensive knowledge source in the forms of books, publications, magazines, and journals. The student life is equally fun-filled with fests, seminars, sports events, and more. Here you can truly expand your social and professional network, and build your gateway to the future.



10. Dr LOGITHA .T

College has been an enculturation for me - setting the values, preached the process, gave the modus operandi and made me witness the results. I feel really humble to be a part of its legacy and grateful for those lifetime memories"



11. DR .E.PRIYADHARSHINI(2015 -2020)

I take immense pleasure to write about my college. I feel proud for being a part of this exuberant campus filled with positivity, untiring support for students, never ending encouragement for learning and extracurricular activity, creating brilliant atmosphere for exploring things. Like a foetus in a mother's womb I felt the warmth of care, guidance and security from my teachers and management. Apart from the excellent education we were engaged in personality development skills like Team building, 5S Japanese technique for our better clinical practice and many other colourful activities which helped me to overcome my stress. Our Yercaud trekking experience is an unforgettable one. I take pride in saying I am an alumni of APDCH.



CREATIVE CORNER

Pencil sketching



1. Charumathi K 1st year



2. Logeshwari G 1st year



3. Suji M



4. Mounika S 1st year



5. Rupshya D 2ND year



6. Susmita K 1st year



7. Darshana R 1st year



8. Dr. Jayanthi G 2nd year PG department of conservative dentistry and endodontics

9. Geetha S 2nd year

10. R C Abinaya CRI

11. Nivethitha M 2ND year

Pencil sketching



1. Sakthi Shreedevi T 3rd year



2. Logeshwari G 1st year



3. Darshana R 1st year



4. Rupshya D 2nd year



5. AmirshKanna 1st year



6. Beulla C 3rd year



7. Nivethitha M 2nd year



8. Sabaritha P



9. Vishrutha Parathasarathy CRI

1. Kavithayini A K

KAVITHAYINI - A.K.

அன்பு*

உன்னோடு வாழ்ந்த நாட்களை
 உனி எண்ண மாட்டேன் ஏன் என்றால்
 என் உயிரோடு நீ வாழ்ந்து உன் உயிரை
 நான் ஆற்றிக் கொண்டேன்!
 நீ பேசிய குறியை வாழ்த்துகளை
 உனி ரசிக்க முடியாது என்றே உத்தரவாட்டேன்
 - ஏன் என்றால்
 அதை என்னுடன் கிட்டிச் சென்றதை
 நான் புறந்தூக்கி கொண்டேன்!
 உன்னோடு கால்களில் போது பாடத்தை கற்கவில்லை
 - ஏன் என்றால்
 உன் அழகத்தையும் பாடலாசிரியர் கற்றுக் கொண்டேன்!
 நான் அழகப்போது நீ அழகாய்!
 நான் சினத்தால் நீ பொருத்தக் கொண்டாய்!
 நான் சுவாசத்தை வெய்தப்போது, நீ
 உன் நம்பிக்கையை உடம்பு எழுப்பினாய்!
 நான் காணாமல் கிடைத்தேன் போது, நீ
 உன் பணத்தை செலவழித்து அதை அறிவிப்பினாய்!
 நான் பார்த்து வியந்த ஏதே ஆசிரியர்!
 கவித்துவம் அறிந்தேன் என்னை
 வினாவினாக்களில் உயர்ந்தேன்!
 என் உயிரினால் கொண்டேன்!!..

அன்பு....

- ஆ. நா. கவிதாமினி
 (1st year B.D.S)
 Roll no: 2021053.

KAVITHAYINI - A.K.
 1st year (B.D.S)

பிராரணை அரிய (02)

இளமையே இறைவன் கொடுத்தது!
 உயல்பரம் எங்கும் கொடுத்தது!!
 காற்றாய் உயரத்தில் கவந்தது!
 சிவந்தேன் சிவந்தால் கொடுத்தது!!
 கைகளை அங்குமே கொடுத்தது!
 குங்குமம் உன் வாழ்த்தால் பிழந்தது - அதற்கே
 என் மனம் திரிந்து சிவந்தது!!
 கொடுத்தது உயர்ந்தது,
 உயல்பரம் உயர்ந்தது அல்ல!
 உன் கொழும்பு பார்த்தது!!
 பாடத்தில் பார்த்தது,
 மனம் கொடுத்தது அல்ல!
 உன் மனம் கொடுத்தது!!
 கொடுத்தது திரிந்தது,
 என்னை அல்ல!
 குங்குமம் உன்னை வாழ்த்தி கொடுத்தது
 திரிந்தது!!

~ ஆ. நா. கவிதாமினி.

2. Vishrutha Parthasarathy CRI

தமிழ்நாடு

நீயே புகழ்க்கொடுத்த அன்பு,
 நல்ல புகழ்க்கொடுத்த,
 தமிழ்நாடு கொடுத்தாய்!
 அதை உனது அன்பால் கொடுத்தாய்.

நீயே புகழ்க்கொடுத்த அன்பு,
 அன்பு அன்பு,
 தமிழ்நாடு கொடுத்தாய்!

அதை அன்பால் அன்பும் கொடுத்தாய் கொடுத்தாய்.

நீயே புகழ்க்கொடுத்த அன்பு,
 அன்பு அன்பு,
 தமிழ்நாடு கொடுத்தாய்!

அதை அன்பால் அன்பும் கொடுத்தாய் கொடுத்தாய்.

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நீயே புகழ்க்கொடுத்த அன்பு,
 அன்பு அன்பு
 தமிழ்நாடு கொடுத்தாய்!

அதை அன்பால் அன்பும் அன்பால்
 அன்பு அன்பு
 தமிழ்நாடு கொடுத்தாய்!

அதை அன்பால் அன்பும் அன்பால் அன்பால்

நீயே புகழ்க்கொடுத்த அன்பு,
 அன்பு அன்பு தமிழ்நாடு கொடுத்தாய்
 அதை அன்பால்,
 அன்பு அன்பு அன்பு.

2021-1-18-154

- Lit. விஷ்ணு

3. R C Abhinaya CRI

Just with the announcement of a person with a white coat, all fled into happiness that "its an Angel".. Being brought up so well by two beautiful souls for her, getting into successive ages, one sudden day made her feel special,made her a reason for a family reunion, made her to get isolated from her friends of opposite gender, she was given with even more responsibilities,not for the world outside, but only for her own Maidenhood. All going so good with happiness filled with her biological family,just a twist throws her into a new place with new house,new parents,new friends,new brothers and sisters,that too strangers for her.

What is the reason for making her dream so big and good?

Owww!! This question is the most passed over one till this day.

Dream big,they said,
Earn just enough,they meant.
Sky is the limit,they said,
Gender sets the limit,they meant.

Feminism, they demanded,
Equality, she needed.
Justice, they demanded,
A voice, she needed.

Bleeding goddess is pure,
Bleeding woman is not.
Bloody rapist is secure,
Unborn girl is not.

Your happiness is our priority, they said,

Your marriage is our responsibility, they meant.
Make us proud, they said,
No need to stand out, they meant.

Love is blind, they said,
Society is not, they forgot.
Love is in the air, they said,
Religion is in the blood, they forgot.
(Caste too)

I love that guy, she said,
I want you all die, they meant.
It's my life,I live, she said,
Shame is that I can give, they meant.

All she does now is smile,being dead inside,
Fighting a dead war,
questioning sleeping people.
And those people
Well, ignoring her is what they do.
As always...

--B+



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Melmaruvathur Adhiparasakthi Institute of Medical Sciences And Research

Adhiparasakthi Dental College and Hospital, Melmaruvathur.

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